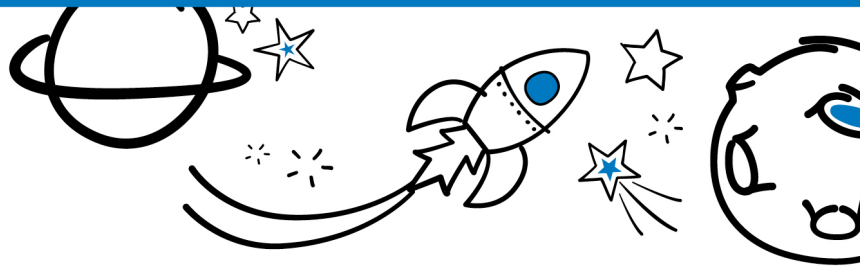




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## Behavioural Treatments for Tics Timetable

Wednesday 6-Thursday 7 November 2024

### Day 1: Wednesday 6 November

10:00	Start
10:00-12:45	Introductions, psychoeducation and tic questionnaires
12:45-13:30	Lunch break
13:30-14:15	European Guidelines for Behavioural Tic Treatment. What is the evidence for Habit Reversal Therapy (HRT)?
14:15-14:45	Habit Reversal Therapy- Practice session for HRT
14:45-15:00	Break
15:00-15:45	Habit Reversal Therapy-Practice session for HRT
15:45	Questions
16:00	Close

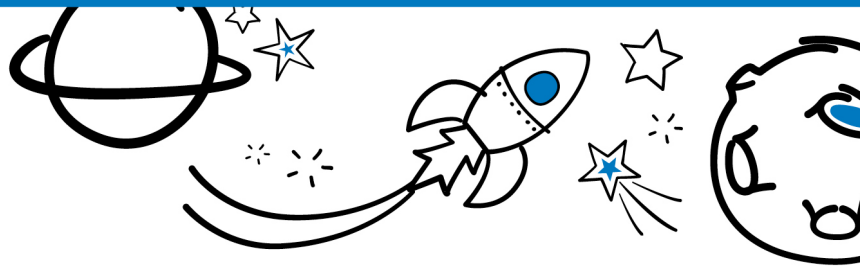
### Day 2: Thursday 7 November

10:00	Start
10:00-12:00	Comprehensive Behavioural Intervention for Tics: Additional elements- functional analysis, relaxation, social support and role of medication
12:00-12:45	Exposure and Response Prevention (ERP), what is it and the evidence base?



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<b>12:45-13:30</b>	<b>Lunch break</b>
<b>13:30-14:15</b>	Practical skills ERP
<b>14:15-14:45</b>	Delivering behavioural tic interventions in groups and online tips and techniques
<b>14:45-15:00</b>	<b>Break</b>
<b>15:00-16:00</b>	Relapse prevention, questions and feedback
<b>16:00</b>	<b>Close</b>