



Core Tics: Management - Training Day Timetable

Thursday 13-Friday 14 November 2025

Day 1 (Thursday 13 November):

10:00-10:15	Welcome and introductions
10:15-11:30	Introduction to tics and how to deliver effective psychoeducation
11:30-11:45	Break
11:45-12:15	Standardised tic assessment, group discussion and resources
12:15-12:45	European Guidelines for Behavioural Tic Treatment
12:45-13:30	Lunch break
13:30-14:15	Adapting treatment for comorbidities, group and online delivery
14:15-14:30	Break
14:30-16:00	Exposure with Response Prevention
16:00	Close

Day 2 (Friday 14 November):

10:00-12:00	Habit Reversal Training
12:00-12:15	Break
12:15-13:00	Medication and Tourette syndrome
13:00-13:45	Lunch break
13:45-14:35	Functional analysis, social support and relapse management
14:35-14:50	Break
14:50-16:00	Cases and discussion
16:00	Close