

Introduction to Children & Young People's (CYP's) Mental Health

Two-day foundation course exploring therapeutic skills and psychological theories to support CYP's mental health



Aims of the course:

- Provide an overview of mental health theories
- Equip candidates with therapeutic skills to practise
- Provide a space for candidates to put psychological theories into practice
- Working with our multi-disciplinary team to assess signs of complex mental health presentations and examine interventions

2025

Mar 13th & 14th → **COMPLETED**

July 24th & 25th → **FULLY BOOKED**

Oct 2nd & 3rd

Dec 11th & 12th (online)

2026

Mar 16th & 17th (online)

**New
Date!**

Cost:

Band 1-4: £160

Band 5-7 Junior Drs: £330

Band 8+ & Medical Consultant: £450

FREE FOR GOSH STAFF

Email us for further information:
LDMH.Education@gosh.nhs.uk