



Behavioural Treatments for Tics Timetable

Wednesday 6-Thursday 7 November 2024

Day 1: Wednesday 6 November

10:00-10:15	Introductions
10:15-11:30	Introduction to tics & how to deliver effective psychoeducation
11:30-12:00	Break
12:00-13:00	Standardised tic assessment, group discussion and resources
13:00-13:45	Lunch Break
13:45-14:15	European Guidelines for Behavioural Tic Treatment
14:15-14:30	Break
14:30-16:00	Exposure with Response Prevention
16:00	Close

Day 2: Thursday 7 November

10:00-10:05	Introductions
10:05-12:00	Habit Reversal Training
12:00-12:15	Break
12:15-13:00	Delivering behavioural tic interventions in groups and online
13:00-13:45	Lunch break
13:45-14:35	Functional analysis, social support, relapse management
14:35-14:50	Break
14:50-16:00	Cases and discussion
16:00	Close