

Setting up and running reflective case-discussion groups

SPACES AVAILABLE: 6th December 2024 10am-4pm (face-to-face@GOSH)

Is this course for me?

This course is aimed at any team members who have an interest in setting up reflective case-discussion groups.

By the end of this course you will:

- Understand the theory and practice of case-based discussion in healthcare
- Have considered the barriers and facilitators to setting up and maintaining a group in your area of work
- Learned core skills in delivering a case-based discussion group, including a basic structure and facilitator stance
- Practiced being a group facilitator with the other learners as participants in your group

Talking about cases from a medical or nursing perspective is common in healthcare, but a wealth of evidence indicates that to work sustainably, staff need protected time and space in which to make sense of the relational and emotional aspects of their work. This requires a group facilitator who is willing to step into uncertain terrain, cultivate a reflective state of mind in themselves and their colleagues, and appreciate the unavoidably emotive aspects of the work.



How to contact us

To book a space: [Register here](#)

For more info: Gareth.drake@gosh.nhs.uk



Alternative dates in 2025

- To be announced